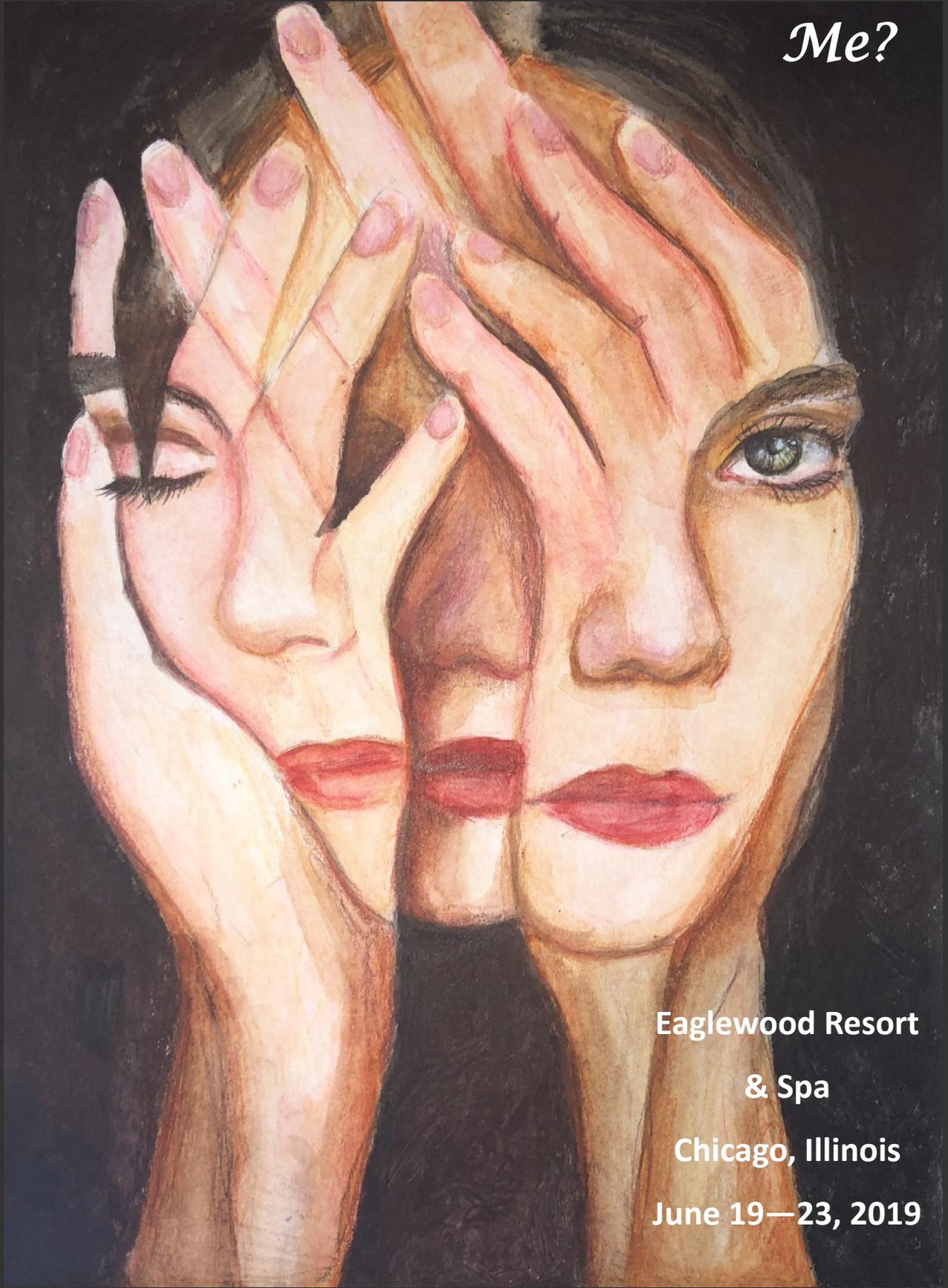


American Academy of Psychotherapists
2019 Summer Workshop

*Mirror, Mask & Shadow: Can You See
Me?*



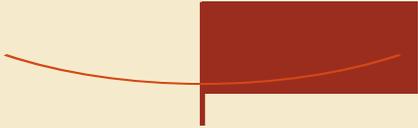
Eaglewood Resort
& Spa

Chicago, Illinois

June 19—23, 2019



2019 Summer Workshop



Welcome

*It's no good trying to place your hand
Where I can't see because I understand
That you're different from me
Yes I can tell
That you can't be what you pretend
Syd Barrett*

Welcome to The American Academy of Psychotherapists *Mirror Mask and Shadow: Can you see me?*

We hope to offer an expansive, rich, enlivening, action-packed experience for all. Our theme pulled from the amazing history of the Academy as reflected in the book entitled *Mirror, Mask and Shadow*, written by deceased member Sheldon (Shelly) Kopp. By referencing history, we are inviting each of you to reflect upon how you arrived at The Academy.

Our opening experience takes aim at creating a hypnotic, mind-expanding trip into personal inner space. Within that space, what might arise? We hope what becomes visible are reflections on the emerging self through the murky inner world, and what each of us shows to the outside world wittingly and otherwise.

Members have offered to lead an assortment of compelling groups. Most offerings follow in the tradition of the Academy as process groups, while others offer other formats for rich learning and experiential opportunities.

On Sunday, members have the opportunity to participate in randomly-assigned leaderless process groups. This has quickly become a favorite for many to close out their Summer Workshop experience.

The American Academy of Psychotherapists has a proud and rich tradition of being the only organization of its kind in placing its main focus on the personhood of the therapist. The Summer Workshop is our flagship opportunity for participants. We hope that with our offerings seasoned veterans, newcomers and everyone in-between will find ways to make their cups overflow.

Adam Klein & Meredith Albert

Workshop Co-Chairs

The Resort

Eaglewood Resort & Spa

Eaglewood Resort & Spa is situated on 106 wooded acres in northwest Chicago. It is a relaxed and inspiring setting that provides easy access to downtown Chicago and is just 12 miles from O'Hare International Airport. Eaglewood is a unique Midwest destination. The resort is inspired by nature, as well as the legendary work of Frank Lloyd Wright, who is known for his Prairie Style architecture throughout the Chicagoland area. Guests experience interior spaces that capture the essence of its beautiful surroundings, with natural light filtering into the meeting rooms and guest rooms that overlook the remarkable 18-hole golf course. At Eaglewood, there's truly something for everyone: the dedicated professional, the casual bowler, the food and wine enthusiast, and even the competitive golfer.

The committee was given the opportunity to choose the location for SW 2019. Ease and affordability of travel for all was a priority. We were fortunate to meet all of our goals. We sought a resort that was roughly half way across the country to make the travel time and convenience roughly the same for most. We chose a city that had an abundance of direct flights, and a resort within 30 minutes drive of a major airport.

Your Summer Workshop 2019 Committee

Adam Klein & Meredith Albert
Co-Chairs

Alex Afram - Rooms
Melissa Beddingfield - Brochure
Darrin Bronfman - Hospitality
Tom Burns - Continuing Education
Denise Castro - Treasurer
Susan Diamond - Continuing Education
Dan Goldstein - Hospitality, DJ
Anthony Hampton - Activities, Opening Experience
Jonas Horwitz - Publicity
Steven Ingram - Program
Maureen Martin - Activities
Noah Meyers - Brochure, Rooms
Molly Milgrom - Transportation
Nancy Moser - Program
Special thanks to Lori Oshrain & Laura Fleming
AAP President - David Donlon
AAP Meetings Chair - Tandy Levine

The Schedule

Schedule at a Glance

Wednesday, June 19, 2019

12:00-5:15 pm	Registration
2:00-5:15pm	Training Institutes
4:00-5:00pm	Newcomers' Orientation
5:00-5:45pm	Newcomers' Reception
6:00-7:15pm	Opening Experience
7:15-8:30pm	Dinner and Cash Bar
8:30-10:00pm	Open Process Groups
8:30-10:00pm	Grouping

Thursday, June 20, 2019

7:00-8:00am	Yoga Movement Blend; Slow Running
7:00-9:00am	Breakfast
9:00-12:15pm	Workshops & Training Institutes
12:00-1:30pm	Lunch
1:45-3:00pm	Community Meeting
***	Softball Game (time to be determined)
6:00-7:30pm	Dinner
7:30-8:45pm	Memorial Service
8:45-10:00pm	Open Process Groups
8:45-10:00pm	Grouping

Friday, June 21, 2019

7:00-8:00am	Hike; Slow Running
7:00-9:00am	Breakfast
9:00-12:15pm	Workshops
12:00-1:30pm	Lunch
12:15-1:15pm	12-Step Meeting
1:30-2:30pm	Community Meeting
2:30-3:30pm	Business Meeting
6:00-6:30pm	Shabbat Service
6:00-7:30pm	Dinner
8:00-9:00pm	Talent Show
9:30-10:30pm	Talent Show

Saturday, June 22, 2019

7:00-8:00am	Qi Gong; Slow Running
7:00-9:00am	Breakfast
9:00-12:15pm	Workshops
12:00-1:30pm	Lunch
1:45-3:00pm	Community Meeting
6:30-7:00pm	Social Gathering & Cash Bar
7:00-8:30pm	Dinner
8:30-11:59pm	Dance

Sunday, June 23, 2019

7:00-8:30am	Breakfast
8:30-9:45am	Random Process Groups
10:00-11:15am	Closing Experience

Events and Activities

New to Summer Workshop?

If you have never attended a Summer Workshop with AAP or if you are a brand new member, we want to be certain that you have information about the many opportunities available for you to learn and experience the treasures of this intimate gathering. Many of us have been attending for decades and have experienced both the challenges and the rewards.

Here are some of the opportunities:

The **Orientation Group** for new members and first-time attendees at Summer Workshop is a one-hour group to help you map out your own journey in AAP. It provides a time to connect with others in a smaller group before the workshops begin in earnest on Thursday morning. This group will be led by Nelia Rivers and Maureen Martin and will be held from **4:00-5:00pm on Wednesday**.

The **Newcomer's Reception** will be held from **5:00-5:45pm on Wednesday** immediately following the orientation group outlined above. Everyone is invited to join us at this reception in welcoming those who are new to AAP. The Membership/Mentoring committees will be there to help introduce you to the community as well as to members of the Executive Council. The reception is immediately followed by the Opening Experience which starts at 6:00 and goes until 7:15pm. Dinner will follow.

After dinner on Wednesday evening many AAP members will be attending family or peer groups that they often have been members of for many years. Some of these groups are closed to new members and some are not. The **Open Process Groups** are open to anyone but have a special emphasis on mingling first-timers and those members who have attended many AAP events but who are not currently in a family/peer group. These process groups will begin Wednesday night after dinner and continue daily in the afternoon and evenings as decided by the group members. This new grouping has the potential of developing into a family/peer group if the group members so desire. If you would like to be in an open process group, you will register for that on the registration form in addition to the workshops you select.

If you have any questions, do not hesitate to ask. Also, don't forget to utilize your mentor-mentee relationship. Your contact person can be a valuable resource throughout the workshop!

Membership & Mentoring Committee: Nelia Rivers, Susan Diamond, Denise Castro, Dairlyn Chelette, Sandy Ebrahimi, Ronnie Koenig, Laura June, Jacob Megdell and Barbara Thomason

Events and Activities

Hospitality Suite

We invite you to visit the hospitality suite, a wonderful place to socialize and enjoy snacks and beverages. In keeping with AAP tradition, we will have a comfortable space to relax and connect with old friends and to make new ones. We welcome home-made treats from all of you!

Your hospitality co-hosts are Darrin Bronfman (dsbronfman@aol.com) and Dan Goldstein (dan@nashvillepsych.com). Please let either of them know if you are bringing a food offering or are willing to volunteer at the suite. Just so you are aware, because of the committee's desire to accommodate the largest number of AAP members in addition to the size of most suites in the facility, the location of the hospitality suite is limited to multiple adjacent suites. The location is only accessible via a single flight of stairs. We apologize in advance for the difficulty that this will cause some of our members.

Peer Group Rooms

To reserve space for your peer/family group to meet, email Alex Afram at dralexaffram@gmail.com with a list of the members of your group. Only one email from each group, please. We will do our best to accommodate requests. **Deadline May 6.**

Opening Experience

Our opening experience will be from 6:00 to 7:15 on Wednesday evening. Our intention is to create the right frame to help bring each and every one of us into an exploratory process with ourselves and each other. Following the opening experience, we'll enjoy a cash bar and dinner.

*All of the
significant
battles are waged
within the self.*

-Sheldon Kopp

Alex Redmountain Memorial Golf Tournament

Find a partner, practice your drives, chips and putts, and participate in the SW Nine-Hole Golf Tournament. The championship course is located at the resort. You may call ahead for a tee time if you wish at 630-773-3510. Last year's "shambles" format will be used again: both players hit drives, choose the best one, and then play their own ball from that point on to the cup. There will be a signup sheet at the registration desk. You will be asked to record your handicap or typical score for 18 holes. Feel free to call or text **Graham Hall** with any questions or if you need assistance finding a partner at 301-775-0946.

Bowling Tournament

Competitive bowling enthusiasts submit your name at the AAP registration table by 10am Saturday morning to enter. Participants are responsible for reserving their own lane. Time(s) and space limited so call ahead to secure your lane. **630-694-5933.** Individual rates for guests are \$30 per lane, per hour. Up to 6 people per lane. Prizes for best team and individual scores!

Jewelry Sale and Auction

We are sponsoring an exciting jewelry sale and auction fundraiser to benefit the Endowment, Relief Trust, and Scholarship fund. Throughout the week, there will be the opportunity to buy donated jewelry on a first come, first serve basis at our \$10 and \$25 tables. So get there fast!

All higher value jewelry will be available to bid on in our silent auction, which will extend through Saturday. Don't miss this. Many members of the academy have generously donated jewelry for this event and we have a wonderful selection of earrings, necklaces, bracelets, pins and more. Come support the academy and enjoy some new bling for yourself or a loved one.

For those who still have some pieces you would like to donate, please contact Carole Light at 828-226-6213 or Sharyn Faro at 404-538-8862.

Events and Activities

Yoga Movement Blend

Come experience morning yoga with a twist. The combined instruction of Deva Joy and Jillian Marie makes for a truly unique blend of Kundalini breath work and Hatha postures for a Yoga Flow class that will relax, stretch, and energize. What started as two friends blending their morning practice together has evolved into a fun, all-levels class that can enhance one's day. This gentle, calming class incorporates flowing movements, passive and supported postures, and simple breath work. Yoga will take place on Thursday morning. (please wear clothing that is suitable for stretching. Mats will be provided)

Slow Running

Jonas Horwitz is leading a slow running group every morning during the Summer Workshop. If you are interested in joining, just meet down in the lobby at 7:00 am. If you don't die on the run, you should find yourself back by 7:45 am.

"Play Ball!"...

...**Softball**, that is. Bring your mitt and join us for this AAP SW tradition and what is sure to be a fun-filled afternoon of balls, strikes, and memories to last a lifetime. The game is contingent upon the availability and reservation of a field. (Exact time TBD; We think it will take place on Thursday afternoon)

Memorial Service

The deep pain that is felt at the death of every friendly soul arises from the feeling that there is in every individual something which is inexpressible, peculiar to him or her alone, and is, therefore, absolutely and irretrievably lost.

- Artur Schopenhauer

This past year, we in The American Academy of Psychotherapists have lost eight remarkable humans and one unforgettable dog. They touched our hearts, inspired us, confronted us, elicited our anger and our love, triggered our happiness and our pain, and in these ways, changed each one of us as individuals and the Academy as a whole.

*Ceil Berlin, Estelle Charles, Darrell Dawson,
Rosalind Edelstein, Frank Nosek, Art Reisel,
Leonard Schwartzburd, Carolyn Spiro, Gladys Strahl,
Misha*

Please join us on Thursday evening from 7:30-8:45 for a Memorial Service for these remarkable Academy members. Together we can celebrate their lives and grieve their absence.

*We are the mirror as well as the face in it.
We are tasting the taste this minute of eternity.
We are pain and what cures pain both.
We are the sweet cold water and the jar that pours.*
—Rumi

Hiking

Back by popular demand, Diane Schaffer will lead an early morning hike on Friday for anyone interested in exploring the outdoor natural beauty of the resort. Any and all levels welcome. Look for the announcement on the bulletin board in the registration area.

12-Step Meeting

AAP offers a 12-Step Meeting during lunch on Friday, 6/21. Participants from all 12-step programs are welcome to attend. Grab your lunch and join us. Room assignment will be posted on the bulletin board at the registration desk. 12:15 - 1:15pm

Talent Show

Due to popular request, the talent show will be performed at SW this year! We are breaking from tradition in several ways. First, we have a beautiful theater as a venue for the show. However, it only seats 70 people. Thus, we plan to have 2 shows: an early bird show, and a later show. This way, everyone has an opportunity to see the show. Performers can choose to be in one or both shows.

Second, performers take note: The theater has a sound system with several microphones and speakers, so you **MUST** bring your own amplifiers and cords for guitars, or anything else that needs electric sound.

There will be a sign-up for the talent show at registration. You do not need to let us know ahead of time. Laura Fleming and Lori Oshrain will be running a rehearsal on Thursday afternoon and the talent show will be on Friday evening. Please keep your act to about 5 minutes so we can accommodate everyone.

Anyone and everyone is invited to share your talent with the Academy.....oh, and talent is optional.

Events and Activities

Qi Gong

Start your morning on Saturday with Susan Levy leading Qi Gong, a gentle form of exercise that combines slow, non-strenuous, repetitive movements with breath control. Qi Gong helps to reduce stress, improve balance and flexibility, boost the immune system, enhance circulation and digestion, and increase stamina. No experience necessary.

Dance

Hey there AAP family! Get ready to show everyone your moves on the dance floor on Saturday night with music brought to you by Steel Jammin' Productions. If you don't have any moves, don't worry. As Dave Barry said, "Nobody cares if you can't dance well. Just get up and dance." If that doesn't work for you, just sit at your table and enjoy the music and the company. This is all about you doing you. See you there!

Random Process Groups

As we continue to borrow a tradition from AAP's Southern Region meetings, we will randomly assign all attendees to a 75-minute process group on Sunday morning from 8:30-9:45 am. It was such a success last year that we are including it again in our program. Each group will include a committee member or other experienced group leader. **The Random Process groups will be followed by the Closing Experience at 10:00 am. Please make your Sunday travel plans accordingly.**

In a world where everyone wears masks it's a privilege to see a soul.
-Melissa Ohden

Sunday Morning Closing Experience

Our final gathering as a community is a long-held tradition and one not to be missed. It is a time for one last opportunity to add your voice to the membership as we transition from an intense five-day workshop back to family, friends and work.

CHICAGOLAND ACTIVITIES

Local attractions in and around Eaglewood resort.

- ◆ **The Spa at Eaglewood Resort** The Spa offers a full array of personalized wellness offerings for men and women. Spa amenities include massages, body treatments, facials, nail services, waxing, salon & hair styling, and makeup application, as well as a wellness-inspired relaxation room and couples massage rooms. For more information or to book an appointment, call The Spa at 630-694-5903.
- ◆ **Rivers Casino** (13 miles away) This casino offers your favorite slots and table games only minutes from the O'Hare International Airport.
- ◆ **Lynfred Winery** (4 miles away) This winery is the oldest and largest continuously operating bonded winery in the state of Illinois, producing 50 varietals and 25,000 cases per year. It also features a tasting room and a gift shop.
- ◆ **Morton Arboretum** (11.5 miles away) Trees! Not a forest, nor a parkway, nor a backyard shelter, but a Cathedral. Trees that humble you with their grandeur. Trees that inspire you with their grace, and restore you with their beauty
- ◆ **Church Street Brewery** (3.2 miles away) Brewing a wide range of old and new beer styles of European influence. Church Street's award-winning beers are as tasty as they sound. Join the owners for a free tour!
- ◆ **DOA Escape Room** (6.8 Miles away) This is one heart-pumping, adrenaline-laced, interactive experience you'll get hooked on from the minute you hear that door close behind you. Once the door is locked you have 60 minutes to put your brains together to find clues, solve puzzles and crack lock combinations in order to find the "key" to your escape before your time is up!

Downtown Chicago Attractions

For your own planning purposes visit "Choose Chicago.com" or "Chicago Convention and Visitor Bureau"

A short 45 minute train ride away allows you to visit Chicago proper and its many and varied attractions. Plan ahead for pre- and post-workshop time and take advantage of the workshop reduced room rate in place three days before and after the workshop.

A "Chicago **Citypass**" saves 53% on main area admissions as well as VIP express line advantage. The "Go **Chicago**" card offers 45% off on 28 of Chicago's best attractions.

- ◆ **Lake Beach**, one of many city beaches, is located in Itasca, IL, only 30 minutes away from the resort.
- ◆ **Chicago Nascar will be in town June-July 2019.**
- ◆ **Navy Pier and IMAX Theater** Historic Navy Pier is Chicago's lakefront playground and the Midwest's Number #1 tourist and leisure attraction. It features rides, restaurants, exhibitions, entertainment, shopping, dining cruises, and tour boats.

GOALS & OBJECTIVES

2019 Summer Workshop Goals & Objectives

Our Mission is to examine inter-subjectivity. What are the psychological dynamics that help or hinder clinical relationships and how do we learn about them? What are the ways that we can use our workshops and large group experiences to explore these dynamics? We aim to examine the differences between monologues and dialogues so that authentic connections can be made for the service of our clients, our own personhood, and the positive evolution of psychotherapy. We will use the theme of "Mirror, Mask and Shadow" to inspire and examine our interrelatedness. Used as metaphors, how do the concepts of "mirror," "mask," and "shadow" provide pathways to greater authenticity, healing and intimacy?

*Behind every mask there is a face, and behind that a story.
-Marty Rubin*

Conference Learning Objectives—Participants will be able to:

1. Develop a greater understanding of inter-subjectivity and how this impacts the therapeutic relationship.
2. Demonstrate understanding of the ways in which cultural factors and personal stories impact insight within our clients, ourselves, and groups.
3. Identify how writing practices can be incorporated for personal reflection and clinical skill development regarding projection, self-deception, and disintegration.
4. List at least three (3) ways to promote the co-creation of experience and three (3) ways automatic direction freezes dynamic interaction.
5. Examine their own mirrors, masks and shadows and list seven (7) ways of making genuine contact within group contexts.
6. Delineate ethical issues related to the therapist's own countertransference, manage the client's transference, and develop a broader multidisciplinary perspective on interactional dynamics.
7. Understand the phenomenon of "parallel process" and list the ways in which it can be incorporated into the psychotherapy work with individuals, couples and groups.

TRAINING INSTITUTES

◆ Wednesday 2:00-5:15 & Thursday 9:00-12:15

T1 Transformational Integrative Group Psychotherapy IV

This will be our final segment of this training. The focus will be experiencing and leading sacred ritual work and learning from each round of work through inquiry and group process. We will also explore applying the tools to individual psychotherapy and the power of the shame-melting circle work. (participants must have attended previous sessions)

Deva Joy Gouss, LCSW is an experiential/ psychomotor therapist, in practice in Atlanta for thirty-nine years. Working within group and individual settings, she has evolved her own style of experiential therapy after years of training with Jacque Damgaard, PhD, Al Pessa, Donna Eden, study in yoga, laughter yoga, polarity therapy, EMDR, Brain Spotting, TRM and EFT. For over two decades, she gives monthly experiential workshops.

T2 Men's Fears of Women in Intimate Relationships

It's intuitively clear to most people that women are afraid of men, and with good reason. Men's fears of women are more underground, hidden from women and from themselves. Although hidden, these fears are one of the most powerful and pervasive shapers of men's interior lives and their intimate relationships. We will meet for a total of 12 hours on Wednesday afternoon and Thursday morning at the 2019 Summer workshop and Wednesday and Thursday afternoon at the 2019 I&C. The training will include didactic presentation, group discussion, and group process. There will be required reading.

The group is limited to 15 participants and is open to both men and women. Dr. Weiss will select a group that is balanced in terms of gender and interest in the topic. If you are interested, please email him (aqweiss@comcast.net) with the following information: your name; your expressed gender and, a very brief description of what your interest in the workshop is, and what you hope to gain from participating.

Dr. Avrum Weiss, PhD is a clinical psychologist and author, practicing in Atlanta, GA. He is the author of two books, numerous professional articles, and has given over 100 professional presentations. He is working on a new book about how men's fears of women shape their interior lives and intimate relationships.

The Program

Instructional level: The sessions in this year's conference are designed to meet the educational needs of Intermediate and Advanced therapists

Thursday—Saturday Three-Day Workshop 9:00-12:15

1a. The In-Between Place

This 3 day process group will invite participants to remain present in the space between the familiar and the complete unknown. This threshold space holds transformative potentials that are both compelling and repelling. This group seeks to explore how participants and the group live in the in-between spaces. (14 participants, 9 CEs)

Adam Klein, PhD is a Licensed Psychologist in full-time private practice. His focus these days has been on how the great political divide mirrors the intrapsychic schisms so many of us experience on a personal level. His work tends to encourage people to stay in that unstable, murky place that exists just before the dawn appears. He enjoys coaching his son's soccer team and watching his kids have friends and play.

Lisa Makstein, LCSW-C, LICSW is a Licensed Certified Clinical Social Worker in full-time private practice for over 35 years in Maryland and Washington, DC. She takes pride in how she has created a loving, life-affirming path for herself, defying a family history that might predict otherwise. She feels truly privileged to be able to join clients in their journeys toward more authenticity and aliveness in their relationships and their lives.



Thursday—Friday Two-Day Workshops 9:00-12:15

2a. Academy Relationships in Context: Mirrors, Masks and Shadows of Real Lives?

Participants are invited to explore the dynamics connecting our Academy selves with our larger lives back home. Is either a simple reflection of the other, or does one conceal the other? Is your conference self your leading edge, your archaic past, or your chance to learn by acting out? (12 participants, 6 CEs)

Jonathan Farber, PhD provides therapy and supervision for all kinds of people in North Carolina and DC, and has always been fascinated by the various ways the self appears and grows in group settings. He has been learning about himself and psychotherapy in AAP since the 1990s. He earned a clinical psychology doctorate from Duke in the 1980s and taught at UNC and Duke.

3a. The Picture of Dorian Gray - The Painting and the Mirror

Shelly Kopp's analysis of Oscar Wilde's novel, *The Picture of Dorian Gray*, introduces an archetype for the binary nature of human character. Wilde's painting portrays both the idealized best Self while the mirror exposes the shadow side. This experiential group examines Kopp's presentation of opposing contradictory selves within our own dual natures. (16 participants, 6 CEs)

Gordon Cohen, PsyD is a Clinical Psychologist in private practice in Washington D.C. He is a Past President of the Academy.

4a. I'm Right and You're Wrong! Meeting our Shadow in politics, Religion and Everything Else

Rodney King famously asked "Can't we all get along?" This didactic/experiential/process group offers opportunities to address that question by exploring "Moral Psychology" as described in *THE RIGHTEOUS MIND* by Jonathan Haidt. We'll seek our shadow selves and explore our own moral foundations to help our patients gain their own clarity. (15 participants, 6 CEs)

The Program

◆ Thursday/Friday Two-Day Workshops cont.

Frances Compton, PhD is a life member and active presenter of AAP. Dr. Compton attained her B.S. from OSU, her M.S. from UDC and her Ph.D. from the University of Maryland. She is licensed in Washington D.C., holds the National Certificate of Clinical Competence from ASHA and is a member of the Society for the Exploration of Psychotherapy Integration. Dr. Compton enjoyed all settings of Private Practice for 40 years. She presently consults with individuals and small business owners.

Philip Spiro, MD received his medical degree from Yale and trained in psychiatry at Duke, after brief flirtation with training in surgery and two years of general medical practice in rural North Carolina. He has practiced psychiatry in Chapel Hill, NC since 1990. In addition to his clinical practice, where he combines experiential/psychodynamic psychotherapy, EMDR, and, when needed, pharmacotherapy, he is on faculty at Duke Medical Center and is involved in the training and supervision of psychiatric residents.

5a. Journeys Through Aging: The Mirror—Past, Present and Future

Baby boomers are bucking aging stereotypes, creating new paradigms: some we can choose, others not. Aging, we shed aspects of our identity to make way for different ones. Traveling through aging, what is the substrate that sustains us? Join us as we refocus how we see ourselves. Didactic, process, experiential. (15 participants, 6 CEs)

Lenore Pomerance, LICSW has an individual, couples and group psychotherapy practice. She specializes in chronic and terminal illness, mid-life issues of menopause, sexuality, aging and loss. She has led and co-led workshops reflecting all of these interests at AAP. To her accumulated identities of Peace Corps Volunteer, wife, mother, therapist, master rower she has added grandmother and student of China and Chinese. Being a master rower has given way to being a taiji practitioner: in which, aging provides its signature wrapping.

Pat Webster, PhD received a Bachelor's from Duke University, a Master's in Psychiatric Nursing from UNC-CH and a Ph.D. in Clinical

Psychology from the Union Institute. She is a licensed clinical psychologist practicing in Durham, N.C. and Academy Fellow. She authored an article on the aging therapist in the Winter, 2017 *Voices* journal. She comes out the other end of grieving some losses associated with aging and loves helping others address their aging transitions. She also loves using ritual as part of psychotherapy.



**Sometimes it's not the people that change,
it's the mask that has fallen off.**

-Haruki Murakami



6a. Hide and Seek

A process group for exploration of the functions of the masks we wear, perhaps to hide from ourselves and others, or perhaps to show our aspirational selves. Masks are safe but lonely. We will invite one another out to play, using the group to better know ourselves. (12 participants, 6 CEs)

Susan Jacobson, LICSW, LCSW-C has been in practice for over 40 years and has led groups for 38 of them. She attributes much of her continuing growth in living unmasked to the work she's done in her AAP peer group. She lives and works in Columbia, Maryland with her Westie, Duffy. Co-leading groups with Bradley is one of her greatest delights.

Bradley Lake, LICSW, LCSW-C has been in practice for over 27 years. He provides group, individual and couples psychotherapy to a varied population, as well as supervision to clinicians, with offices in Washington, DC and Annapolis, MD. Bradley is excited to co-lead a group, again, with Susan Jacobson! Bradley lives on the eastern shore of Maryland, on six acres of woods, with his husband, two children, and three dogs.

The Program

◆ Thursday/Friday Two-Day Workshops cont.

7a. Mothers Without Children: Can You See Me?

Most define "mother" as one who gives life with her womb. For those who don't have children, by choice or by circumstance, this expectation can be alienating and lonely. We see all women as mothers. Come explore the myriad of ways that women give life and see the mother inside. (12 participants, 6 CEs, **Women only**)

Kelly Barclay, PsyD has been in private practice for 22 years, with offices in Huntington Beach and Newport Beach California. Dr. Barclay has advanced training in psychoanalytic psychotherapy and divorce mediation. She works with adolescents, adults and couples and has a particular interest in women's issues. Dr. Barclay has helped parents develop privately determined, individualized child custody agreements, avoiding costly child custody evaluations, adversarial legal proceedings, and court-ordered agreements in the spirit of the best interest of the child.

Carrie A. Phillips, LISW has been practicing psychotherapy in Dayton, Ohio for over 20 years. She sees children, teens and their parents in individual, group and family therapy. Carrie runs several long term psychotherapy groups, as well as parenting groups. She gives talks in schools and does divorce work, helping parents define a new co-parenting relationship after divorce. Carrie feels inspired by the number of strong, intelligent, incredibly loving and frustrated mothers she gets to sit with on her couch.

8a. Mirror, Mask and Shadow, How Do I Show You?

The field of psychodrama offers many powerful tools to explore our mirrors, masks and shadows. In this workshop participants will have the opportunity to learn and practice these tools through a combination of didactic and demonstrations. Time will be provided to use these methods in process modality. (12 participants, 6 CEs)

Arthur Weinfeld, EdD is a licensed psychologist in Utah and Arizona. He has a Certificate from the Arizona Institute of Psychodrama and Group Psychotherapy. Arthur is also a member of the American Board of Examiners in Psychodrama and Group Psychotherapy.

Thursday One-Day Workshops

9. Reflections on the Relational Mask

Who is behind it? Join us in a deep look into aspects of our hidden selves. We will experiment with seeing more clearly into our projections that prevent us from making genuine contact with ourselves and others. This workshop will include experiential and process components. (12 participants, 3 CEs)

Curt Arey, LPC practices at Pine River Psychotherapy Associates in Atlanta, GA, working with individuals, couples and groups. He came to AAP as a graduate student volunteer in 2008 and believes AAP is the best venue for developing the person of the therapist. He is a former Scholar of the Academy (2010), presenter at multiple AAP conferences, Chair of the Southern Region Committee, Co-Chair of the 2017 I&C, and member of the Community Connections Committee.

Hannah Hawkins-Esther, LCSW is in private practice in the Atlanta suburb of Sandy Springs, Georgia. She has been active in AAP since grad school. She was in the first Scholars' group, served as chair of the Southern Region Committee, and Co-Chaired the 2017 I&C and has been on both summer workshop and I&C committees. She is a registered yoga instructor, daily meditator, and is enthusiastic about both yoga and process groups.

10. Living on the EDGE in your Consultation Room: A Dialogue on Ethics

Transference and Countertransference are standards of our work. Managing these aspects in ethical, well bounded ways are critical to success in psychotherapy and well-being. Let's create an honest, safe and engaging dialogue about our work. Sharing the craft while enhancing and tending to the person of the therapist are the objectives. (16 participants, 3 **ETHICS** CEs)

Robert G. Rosenblatt, PhD has been providing psychological services for over 40 years

The Program

◆ Thursday One-Day Workshops cont.

(oy!). He offers individual, group and couples psychotherapy for adults. Currently, his primary focus of practice is engaging and facilitating other psychotherapists to create a fun, effective and thriving private practice. When not involved in these professional activities, Bob is writing, golfing, cooking, traveling or being with his children and grandchildren.

11. Chronic Pain: The Mask of Deception

Based on the pioneering research of Dr. John Sarno, this workshop will focus on the relationship between learned neural pathways associated with chronic pain ("Tension Myositis Syndrome" or MindBody Syndrome) and painful repressed emotions. Following a brief didactic review, personal exploration and sharing will be encouraged. (15 participants, 3 CEs)

Barbara Thomason, PhD has been practicing psychotherapy for 38 years. Existential, Gestalt, Transactional Analysis and Family Systems Therapies have all played a significant role in both her personal and professional life. A Life member of AAP, she has chaired and co-chaired three national meetings and has served on the Executive Council for eight years. Because of her intermittent struggle with chronic pain across several decades, her introduction to the work of Dr. Sarno ("The Mind Body Prescription") has been life altering.

12. Mask, Mirror and Shadow: Do I Really Want You to See Me?

Hiding self gets a bad rap. Consider, however, situations in which discarding one's mask invites harm. Using some didactic, but principally group process, this workshop will invite us to explore the theme of mask as both detractor and protector. (15 participants, 3 CEs)

Don Murphy, PhD recently retired from 45 years of clinical practice, mostly in Georgia where he is licensed. Completing his PhD in 1970, his professional career included teaching in two universities, directing a university mental health clinic and maintaining a private practice in Atlanta. Aside from marriage and family therapy, his other clinical interest was in group psychotherapy. For 37 years AAP has been his major professional organization.

13. Aging and Sexuality: Its Mask, Mirror, and Shadow

In this small, process-oriented workshop we will explore how the therapist's own aging, illness, and decreased sense of erotic or sexual interest impact their general attitudes towards life, relationships, expressions of sexuality, and the psychotherapeutic relationship/process. As we age, do we say Good-bye to sex, or Hello to mature sexuality? (15 participants, 3 AASECT CEs)

Steve Eichel, PhD, ABPP is a licensed and Board-certified psychologist in Delaware, an AASECT Certified Sex Therapist, a Master Addictions Counselor and a certified group psychotherapist. He has presented numerous workshops on sexuality and sex therapy locally and nationally.

Anni Tuikka, LPC, NCC, CST, CSTS, CPCS is a Licensed Professional Counselor, AASECT-Certified Sex Therapist and Supervisor of Sex Therapists and Professional Counselors in her practice in Atlanta, Georgia. She frequently presents in sexuality-related topics at the American Academy of Psychotherapists and elsewhere.

Everything that we see is a shadow cast by that which we do not see. -Martin Luther King, Jr.

14. Can We See Each Other? What does it really mean to Care?

Sheldon Kopp once wrote that "You can't make anyone love you. You just have to reveal who you are and take your chances." We will explore what it means to "care" while negotiating the complex balance involved in being true to ourselves while simultaneously trying to take care of others. (15 participants, 3 CEs)

Neil Makstein, PhD is a Psychologist in Virginia and Maryland, practicing individual, couples, family and group therapy in private practice and providing consultation to residential treatment programs and supervision for other therapists for over thirty years. In addition to thousands of hours spent in group therapy, his navigation of a very happy 40 year marital collaboration raising a delightfully rich family life with kids, grandchildren and deep friendships, has been his most cherished training ground for learning about caring relationships.

The Program

Friday

Three/Two-Day Workshops *continued*

- 1b Klein/Makstein
- 2b Farber
- 3b Cohen
- 4b Compton/Spiro
- 5b Pomerance/Webster
- 6b Jacobson/Lake
- 7b Barclay/Phillips
- 8b Weinfeld

Friday—Saturday Two-Day Workshops

15a. Unmasking the Shadow by Looking in the Mirror: Self-Reflection and Mentalization in Psychotherapy

When I speak directly about myself, I am looking directly into my experience, emotions, and motivations. If you join me for this workshop, we will practice the discipline of being present with ourselves and talking to each other about what it is like to be us in the moment. (10 participants, 6 CEs)

Lee Blackwell, PhD is in private practice in Newport Beach and Huntington Beach, CA, specializing in couples therapy and sexual issues. He received his Ph.D. from Florida State University, and was Co-Director of the Human Sexuality Program at UCLA from 1983 to 1993, and was an Assistant Clinical Professor in the UCLA Semel Institute for Neuroscience and Human Behavior. He has presented nationally and internationally on sexuality, psychotherapy and neuroscience. Lee is a Past President and Fellow of AAP.

16a. Mirror, Mask, and Shadow; Kundalini Yoga/Psychotherapy; Are You Willing To See Yourself Fully?

Psychotherapy and Kundalini Yoga offer the opportunity to see one's self and to be seen. Rejoice in this challenge! (20 participants, 6 CEs)

Damon Blank, LMFT is a Licensed Marriage/Family Therapist in private practice for over 35 years. He is also a Certified Kundalini Yoga Instructor, RYT-200. He is fascinated by the integration of traditional psychotherapy and the tools of Kundalini Yoga.

17a. You Show Me Mine and I'll Show You Yours: Mirrors, Masks, and Shadows in Psychotherapy

In this workshop we will consider the ways we stay hidden and how we can benefit from the perspectives and insights of others in discovering ourselves. We will use the mirroring and masking that normally allow us to hide to reveal, and we will explore our shadow to reveal. (15 participants, 6 CEs)

Murray Scher, PhD is a Past President and Fellow of the Academy. He received the Ph.D. in Counseling Psychology from the University of Texas at Austin. Murray has been in the independent practice of psychology for 47 years. He has presented nationally and internationally and is widely published in the areas of gender, mens' issues (especially as they intersect with psychotherapy), as well as techniques and issues in psychotherapy. He is a sought after presenter at Academy meetings.

18a. Projecting Into Darkness

We observe micro movements to gain insight into another person's inner world. Does what we observe create a sense of safety? Of control? Imagine being unable to see. What feelings may arise? In this workshop we will use experiential exercises and group process to explore our connection without sight. (10 participants, 6 CEs)

Catherine B. Clemmer, LCSW is a licensed clinical social worker in private practice in Chapel Hill, NC. She is former Clinical Faculty member with the University of North Carolina at Chapel Hill. Her 14 years of experience include both community mental health and private practice working with individuals, groups, and families. She received her MSW from the University of North Carolina at Chapel Hill. She was an AAP Scholar in 2013 and joined the Academy in 2014.

The Program

◆ Friday/Saturday Two-Day Workshops cont.

19a. Mirror, Mask and Shadow: Let's Take a Walk on the Dark Side...

Negative transference and countertransference are significant psychotherapeutic events that naturally erupt. Walking only the sunny side of psychotherapy denies an opportunity for authenticity. Clinicians must be able to confront all sides of this complication. Come share difficult moments in psychotherapy in order to examine our capacity to manage these feelings. (15 participants, 6 CEs)

Robert G. Rosenblatt, PhD has been providing individual, couples and group psychotherapy for over 35 years. He completed his graduate work at the University of Southern California in 1983. In addition, he has been offering practice management and clinical consultation seminars in Washington, DC and Atlanta for over 20 years. His theoretical orientation is Humanistic-Existential and his workshops are typically enlivening and engaging.

Everybody else needs mirrors to remind themselves who they are. You're no different.
-Jonathan Nolan

20a. Can you see me? Claiming the Struggle to Evolve

In this workshop the leaders will hold the container and expect all members, including the leaders, to focus on taking charge of themselves. (15 participants, 6 CEs)

Elizabeth Field, LMFT started her college education at a local Community College to earn an A.A. degree in Liberal Arts, then transferred to Appalachian State University to earn a B.A. in Psychology and then a M.A. in Marriage and Family Therapy. Fortunately, in her graduate program she met her mentor, Dr. Jack Mulgrew. Currently Elizabeth works in private practice offering individual, couples and group therapy in Charlotte, NC.

Jack Mulgrew, PhD has gathered a wide array of experiences and is a psychologist in North Carolina. He has had training with Jim Simkin, in Big Sur, California for three months in each July of the years 1989, 1990 & 1991.

Friday One-Day Workshops

21. When One's Mask is Athlete

Athletics has been important to many of us and has given us some of our most intense experiences: good, bad, successes, and disappointments. Structured activities followed by process will help us come to terms with what our identity used to be and what it is in the process of becoming now. (16 participants, 3 CEs)

David Glass, PhD is a licensed clinical psychologist who has been practicing in Arlington, VA for over 30 years treating adults in individual, couples and group psychotherapy. His long-term interest in couples therapy and in addition has led to his specializing in work with couples working through issues of betrayals of trust. He has been a member of AAP since 1998. His past 'masks' have included experiences of both modest success and disappointments in the realm of athletics.

Maureen G. Martin, LCSW, LMFT is a life member of AAP and has been since 1984. She is in Private Practice in Atlanta, Georgia. She sees individuals, couples, families and groups. She has many areas of specialty and has provided psychotherapy for 45 years. She personally identifies as an athlete, formally athletic and is figuring out how to deal with the shadow side of her changing identity. Her love of competitive sports has helped her navigate life's difficulties and challenges.

22. Psychedelic-Assisted Psychotherapy: Coming Out of the Shadows

The current renaissance in research on psychedelic-assisted psychotherapy is the tip of a submerged iceberg that has been there all along. We will review the latest findings and then discuss what we might learn about depth psychotherapy and the evolution of the psychotherapist from the skillful use of psychedelic substances. (Unlimited participants, 3 CEs)

The Program

◆ Friday One-Day Workshops cont.

John Rhead, PhD was born in Utah and grew up in Colorado, graduating from East Denver high school. He went on to get degrees in psychology from Dartmouth (BA, 1963) and Stanford (PhD, 1971). His first job out of school was doing research on the use of LSD as an adjunct to psychotherapy with terminal cancer patients, alcoholics, and others. He is licensed as a psychologist in Maryland and has certificates in group therapy and in marriage and family therapy.

Tony Rooney, PhD got his degree in clinical psychology from GA State in 1989, and he's been in private practice in Atlanta ever since. His passionate interest is the cross-pollination of what has traditionally been differentiated as "spiritual" and "psychological" approaches to reducing human suffering, and learning to better cooperate with our (individual and collective) inclination toward evolution. His personal experience with entheogens and entactogens leads him to be downright enthusiastic about the potential for their use in catalyzing the psychotherapeutic process.

23. What Do You See When You Look at Me: Bicultural/Biracial Identity Issues

Bicultural and/or biracial individuals' self-identification is not always congruent with how others perceive them. Understanding and addressing the dynamics of identity formation and self-perception can deepen clinicians' work within the therapeutic relationship. The effects of, and issues that arise, from this incongruity will be presented and discussed. (18 participants, 3 **DIVERSITY** CEs)

N. Mendie Cohn, PhD is a licensed clinical psychologist in private practice in Brooklyn, New York. She earned her doctorate from Adelphi University in 1980. Throughout her career she has worked with psychiatric and medical patients in both inpatient and outpatient settings, supervised staff and trainees, led seminars and workshops, and was the Director of Internship Training at a municipal hospital. She has a wealth of experience working with immigrants and with bicultural and biracial patients, colleagues, and staff.

Jennifer Leach, PhD earned her doctorate in clinical psychology from Columbia University. She is in private practice in New York City, conducting neuropsychological assessments and psychotherapy. Dr. Leach began discussing biculturalism in clinical contexts while interning at Kings County Medical Center, Brooklyn, NY and was a presenter at a Cross-Cultural Seminar for subsequent intern classes. A native New Yorker with a bicultural background, Dr. Leach has worked in community, medical, and research settings with ethnically and culturally diverse populations.

Saturday Two/Three-Day Workshops *continued*

- 1b Klein/Makstein
- 15b Blackwell
- 16b Blank
- 17b Scher
- 18b Clemmer
- 19b Rosenblatt
- 20b Field/Mulgrew



Everything in your life, every experience, every relationship is a mirror of the mental pattern that is going on inside of you. -Louise Hay

The Program

Saturday One-Day Workshops

24. The Therapist Unmasked, From An Ethical Perspective

Throughout our professional lives, we're led to believe in our own competency in addressing human suffering. Together we'll address how the human or spiritual side of our being, those qualities that are most ethical and truly healing to our patients, can be hidden behind a mask of competency. (15 participants, 3 **ETHICS** CEs)

Sharyn Faro, PhD received a BA and MA in Psychology at University of South Florida, and PhD in Clinical Psychology at Georgia State University in 1979. She trained in an intensive three-year program with Dr. Stanislav Grof in Transpersonal Psychotherapy, receiving certification in Holotropic Breathwork. In private practice since 1980, she offers group and individual sessions, and specializes in transpersonally oriented workshops using Holotropic Breath, meditation, spiritual issues, wilderness retreats and vision quests. Sharyn recently moved from Atlanta to Santa Fe.

Marilyn Schwartz, PhD is a psychologist in Washington, DC, providing individual and couples therapy, clinical supervision, and is a consultant to the Smithsonian Institution. She created and co-directs the Adult ADHD Center of Washington, a treatment center for adults with ADHD. She is Chair of the AAP Ethics Committee, a member of the Ethics Committee of the DC Psychological Association and frequently presents at national and local meetings on the topic of ethics in psychotherapy.

*Whatever may be their use in
civilized societies, mirrors are
essential to all violent and heroic action.*

-Virginia Woolf

25. The Mask of Grief: Complicated Grief Lurking in the Shadows

This is a process group designed to help those who have worn their grief physically, psychologically, and spiritually despite attempts to process it with others. It explores how grief can stick with us, lurking in our shadow and impacting our quality of life. (15 participants, 3 CEs)

Steven Feierstein, LMFT long time AAP member, retired licensed Marriage and Family Therapist, practiced for over 37 years. He is a Fellow of the American Association of Marriage & Family Therapy with years of training, teaching and supervision in family systems and relationship therapy. His focus is now on family and sailing.

Jillian M. Thomas, LPC, RYT was born and raised in IL as a Chicago Cub's fan. After obtaining a BA from the University of IL in 1999, she spent a decade in the United Kingdom and Germany and completed an M.A. in Psychology from UMUC-Europe in 2006. After working for the U.S. Air Force providing counseling services overseas and a stateside outpatient clinic, she opened up a private practice and Wellness Center in Camden, SC.

26. Dark Necessities: Processing the Shadow Within

We all have parts of ourselves we don't wish to know. The shadow shows up interpersonally and in the greater culture. Through process, we'll grapple with the "I" which we do not know in the moment. We will be seen within our shadow-Selves and join in the darker-Selves that bind us. (12 participants, 3 CEs)

Jenny Savitz-Smith, PhD was first introduced to the Academy in 1999 by her mother who is a member. Through taking a Training Institute with Kristie Nies on the Shadow, Jenny has changed much of how she works with clients on their shadow sides. Jenny practices in private practice in Columbia, South Carolina. In addition to work, Jenny is married with 10 year old boy/girl twins.

Kristie Nies, PhD is a board certified clinical neuropsychologist and a certified yoga instructor. She has done extensive transformational work to address her own shadow and recently offered a year-long Training Institute on Shadow and Chakra. It is her great honor

The Program

◆ Saturday One-Day Workshops continued

to join her co-presenter, Jenny Savitz-Smith, in addressing this important topic.

27. Removing the Mask: Finding New Ways to See Ourselves

Using Art Therapy, this group will be an exploration of various parts of ourselves unseen. No art experience is required. This is an invitation to use non-verbal communication to connect with others and with self. (10 participants, 3 CEs)

Liz Marsh, LICSW is a Clinical Social Worker and Art Therapist in private practice in Washington, DC. Liz has spent over ten years combining her love of relational therapy and the expressive arts to help her clients get to know themselves and find a deeper connection in their relationships with others.

All of you is worth
something, if only you will
own it.
-Sheldon Kopp

28. Bowling: an Emotional, Physical, Cognitive and Psychological Experience - Remove Your Mask and Be Seen

How does the game of bowling provide a metaphor for how we show up in our interrelatedness? Are we a participant, a cheerleader, a competitor, an advisor or something else? Do we hide our authenticity behind a mask? This workshop will provide an opportunity to explore our inter-subjective styles, our connections to self and others and will allow an authentic experience to unfold. This workshop will be held in the bowling alley of the resort. There will be an additional **\$10.00** charge to cover the rental of ball and shoes. (36 participants, No CEs)

Maureen G. Martin, LCSW, LMFT is a life member of AAP and joined in 1984. She is in private practice in Atlanta, Ga. and sees Individuals, Couples, Families and Groups. She has many specialty areas and has been a therapist since 1973. She consults with three infertility medical practices and two surrogacy law firms. She is certifying as an equine therapist. She has navigated many iterations of her life as it involves her career, sports, competition and enjoys the "thrill of the game".

David Glass, PhD is a licensed clinical psychologist who has been practicing in Arlington, VA for over 30 years treating adults in individual, couples and group psychotherapy. His long-term interest in couples therapy and in addition has led to his specializing in work with couples working through issues of betrayals of trust. He has been a member of AAP since 1998. His past 'masks' have included experiences of both modest success and disappointments in the realm of athletics.

Continuing Education Information

Satisfactory Completion: Learners must complete an evaluation form to receive a certificate of completion. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available. If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

Psychologists: This course is co-sponsored by Amedco and American Academy of Psychotherapists. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. **19.25** hours.

The following state boards accept courses from APA providers for Counselors: AK, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, MD, ME, MO, NC, ND, NH, NE, NJ, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, WI, WY

AL / Counselors: Activities not providing NBCC approval may be approved by the Board for individual licensees upon receipt of acceptable documentation prior to the activity. Please send course details to your

Continuing Education *cont.*

licensing board for approval BEFORE the event. No approvals afterward by the board.

MI: No CE requirements

The following state boards accept courses from APA providers for MFTs: AK, AR, AZ, CA, CO, CT, DE, FL, IA, ID, IN, KS, MD, ME, MO, NE, NC, NH, NJ, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WI, WY

The following state boards accept courses from APA providers for Addictions Professionals: AK, AR, CO, CT, DC, DE, GA, IA, IN, KS, LA, MD, MO, MT, NC, ND, NE, NJ, NM, NY (outstate held), OK, OR, SC, UT, WA, WI, WY

MA / MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

The following state boards accept courses from APA providers for Social Workers: AK, AR, AZ, CA, CO, DE, FL, GA, ID, IN, KY, ME, MN, MO, NE, NH, NM, OR, PA, VT, WI, WY

Social Workers: As a Jointly Accredited Organization, Amedco is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Amedco maintains responsibility for this course. Social workers completing this course receive **19.25** clinical continuing education credits.

The following state boards accept courses from ASWB providers for Social Workers: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, ID, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, NC, ND, NE, NH, NM, NV, OH, OK, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WY

The following state boards accept courses from ASWB providers for Counselors: AK, AR, AZ, CA, CO, CT, DC, FL, GA, IA, ID, IL, IN, KS, MA, MD, ME, MO, ND, NE, NM, NH, NV, OK, PA, TN, TX, UT, VA, WI, WY

AL / Counselors: Activities not providing NBCC approval may be approved by the Board for individual licensees upon receipt of acceptable documentation prior to the activity. Please send course details to your licensing board for approval BEFORE the event. No approvals afterward by the board.

The following state boards accept courses from ASWB providers for MFTs: AK, AR, AZ, CA, CO, FL, IA, ID, IN, KS, MD, ME, MO, NC, NE, NH, NM, NV, OK, PA, RI, TN, TX, UT, VA, WI, WY

MA / MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

The following state boards accept courses from ASWB providers for Addictions Professionals: AK, CA, CO, CT, GA, IA, IN, KS, LA, MO, MT, ND, NM, NV, OK, OR, SC, WA, WI, WV, WY

New York Board for Social Workers: Amedco SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0115. **19.25** hours.

New York Board for Mental Health Counselors: Amedco is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0061. **19.25** hours.

New York Board for Marriage & Family Therapists: Amedco is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0032. **19.25** hours.

Florida Board of Behavioral Sciences: Amedco is approved by the Board of Clinical Social Work, Marriage & Family Therapy, and Mental Health Counseling. Provider BAP#39-Exp.3-31-2019. **19.25** Hours

Ohio Chemical Dependency Board: This course has been submitted for review



Travel Information

Travel to Eaglewood Resort

Our committee has selected a location conveniently located just outside of Chicago, Illinois to make travel to Summer Workshop as stress-free as possible.

For those who choose to drive to the resort, you can find directions here:

https://www.eaglewoodresort.com/illinois_resort/chicago_area_resort/

For those flying, **O'Hare International Airport** is the best bet, located just 12 miles away. You can certainly get to the resort from Midway Airport, but it will take longer and cost more. Due to proximity and cost, we will not be offering bus service to the workshop.

Our recommendation is to use the transportation company related to the hotel, **A-1 Airport Limousine Service**. They are offering flat rates for AAP participants in shared vehicles: **\$24 per person each way to/from O'Hare and \$61 for the first person (+\$10 each additional person up to 3) each way to/from Midway**. Please call **630-833-3788** to make your reservation. They also have flat rates to/from downtown Chicago based on the number of passengers. Please note that there may be a small fuel surcharge (currently 80 cents per trip) on top of the flat rate and gratuity is not included.

Alternatively, you can use Lyft or Uber to get the hotel. At O'Hare, the pick-up zone is on the Departures Level at the Domestic Terminal in the Rideshare Pickup Zone (door number based on terminal). At Midway, the pick-up zone is on the Arrivals Level near baggage claim, Door 4 (center lane). Please check your App when booking to verify the right door as this information may change. Fares

vary based on demand (ex. UberX estimates \$38 from O'Hare/\$42 from Midway; Lyft estimates \$33 from O'Hare/\$49 from Midway.)

Contact **Molly Milgrom** with any transportation-related questions at molly@mollymilgrom.com or 202-281-4538.

Eaglewood Resort

1401 Nordic Road

Itasca, Illinois 60143

Main Phone: 630-773-1400

Room Reservations: 877-285-6150

ADA Statement

ADA accommodations will be made in accordance with the law. If you require ADA accommodations, please indicate what your needs are at the time of registration. We cannot ensure the availability of appropriate accommodations without prior notification



Workshop Planner

Wednesday 2:00-5:15pm	Thursday 9:00-12:15pm	Friday 9:00-12:15pm	Saturday 9:00-12:15pm
T1a Gouss	T1b Gouss		
T2a Weiss	T2a Weiss		
	1a Klein/Makstein	1b Klein/Makstein	1c Klein/Makstein
	2a Farber	2b Farber	24 Faro/Schwartz
	3a Cohen Cancelled	3b Cohen Cancelled	25 Feirstein/Thomas
Training Institutes	4a Compton/Spiro	4b Compton/Spiro	26 Nies/Savitz-Smith
3-Day Workshop	5a Pomerance/Webster	5b Pomerance/	27 Marsh
2-Day Workshops Th & Fri	6a Jacobson/Lake	6b Jacobson/Lake	28 Martin/Glass
1-Day Workshops	7a Barclay/Phillips	7b Barclay/Phillips	
2-Day Workshops Fri & Sat	8a Weinfield	8b Weinfield	
	9 Arey/Hawkins-Esther	15a Blackwell	15b Blackwell
	10 Rosenblatt	16a Blank	16b Blank
	11 Thomason	17a Scher	17b Scher
	12 Murphy	18a Clemmer	18b Clemmer
	13 Eichel/Tuikka	19a Rosenblatt	19b Rosenblatt
	14 Makstein	20a Field/Mulgrew	20b Field/Mulgrew
		21 Glass/Martin	
		22 Rhead/Rooney	
		23 Cohen/Leach	

I embrace my shadow self. Shadows give depth and dimension to my life. I believe in embracing my duality, in learning to let darkness and light, peacefully co-exist, as illumination.

- Jaeda Dewalt

Registration

For Information Email AAP@caphill.com or call 518-694-5360

SUMMER WORKSHOP 2019 REGISTRATION FORM

Name for badge: _____

Address: _____ City, State, Zip _____

Email: _____ Preferred Phone Number: _____

License(s) and States _____ Special Diet/Special Needs? _____

King Bed? Yes ___ No ___ Is this your first Summer Workshop? Yes ___ No ___

◆ Final housing designations will be made by the resort based upon availability

Roommate(s) Name(s): _____

Registration Fees: Includes workshops, meals, and accommodations June 19-23, 2019. Registration for these days will be booked as a block of rooms by AAP

Early Registration is on or before May 1, 2019

Room Type	Early Registration Before May 1	Regular Registration Deadline May 15	Your Total
Single	\$1455.00	\$1555.00	
Shared Double	\$1105.00	\$1205.00	
Triple	\$995.00	\$1095.00	
Quad	\$895.00	\$995.00	
CE Processing Fee		\$50	
Bowling Workshop (#28) with Martin & Glass		\$10	
International discount		\$100	
Paying with a check		-\$10	
		Total Due	

After May 15, rooms and registration cannot be guaranteed

AAP will refund all but \$75 of the total registration to members who notify Central Office of their cancellation on or before May 15, 2019. **No refunds after May 15.** Cancellations must be submitted in writing.

Payment Information

Check enclosed—Payable to American Academy of Psychotherapists.
(\$10 discount if paying by check): _____

VISA or MC (no AMEX) Credit Card #: _____

Expiration Date: _____ CSC/CVV: _____

Name on card: _____

Billing Address for credit card: _____

Signature: _____

You may also register & pay on the member area of the AAP website

<https://www.aapweb.com>

The 2019 Summer Workshop

Mirror, Mask & Shadow: Can you see me?

For early arrival or extended stay, please call the resort at **877-285-6150** and mention you are **with AAP**. The AAP Conference room rate of \$167.19+ tax will be available 3 days before and after SW, **if rooms are available**.

Workshop Choices:

Wed and Thurs T1: Gouss _____

Wed and Thurs T2: Weiss _____

Thursday Friday Saturday

1st _____ 1st _____ 1st _____

2nd _____ 2nd _____ 2nd _____

3rd _____ 3rd _____ 3rd _____

- ◆ Attending the Newcomers' Orientation? Y N
- ◆ Register me for an open-process group Y N
- ◆ To reserve a family/peer group room, please email dralexafram@gmail.com. In your email list your family /peer group members. Deadline is May 6, 2019.

Easy registration options:

- ◆ **Website (reommended):** Online registration is available in the member area of the AAP website. <https://www.aapweb.com>
- ◆ **Send the registration form** and check to AAP, 230 Washington Ave Ext, Suite 101, Albany, NY 12203. Fax: 518-463-8656. Make check payable to: American Academy of Psychotherapists

Questions?

Contact AAP Central Office by email: aap@caphill.com or phone: 518-240-1178

Financial assistance for registration available to eligible AAP members from Relief Trust Fund. Contact David Donlon or any Trust Board member for information.

Grievances: If you would like to file a grievance, have complaints or questions, please contact aap@caphill.com.